### Monday

**Learning Goal:** Children will begin to understand that all living things grow, change and go through life cycles.

**Video Resource:** From Seed to Fruit | Everyday Learning
**Interactive Game:** From Seed to Fruit | Everyday Learning

**Activity:** Zip Bag Green House – Place a folded paper towel (or cotton balls) into a zip bag. Add 2-3 beans and enough water to moisten the paper towel or cotton. Zip the bag closed and tape to the window. Draw a picture in your journal every day to observe how your seed sprouts.

### Tuesday

**Learning Goal:** Children will begin to identify characteristics of a variety of plants including physical attributes.

**Video Resource:** Experimenting with Seeds | Peep and the Big Wide World

**Activity:** Seeds in Our Foods – Cut open several pieces of fruits or vegetables containing seeds and examine (optional: use the zoom lens on your phone for a closer look). Draw a picture of each fruit or vegetable and their seeds. Can you count how many in each?

### Wednesday

**Learning Goal:** Children will begin to distinguish between living and non-living things.

**Video Resource:** Under the Ground | Daniel Tiger’s Neighborhood
**Interactive Game:** Ready Set Grow | Sesame Street

**Printable Activity:** Daisy’s Garden – Help Daisy select plants for her garden. Cut out the pictures and glue them to design the garden.

### Thursday

**Learning Goal:** Children will begin to discover, sort, and compare/contrast objects that are naturally found in the environment to explore process-oriented and diverse art materials.

**Video Resource:** From Seed to Flower

**Video Activity:** Paint with Nature | Nature Cat

### Friday

**Learning Goal:** Children will begin to collect and record data through drawing, writing, dictation and taking photographs.

**Video Resource:** What is Water?

**Video Activity:** Plant a Terrarium
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<th>Day</th>
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| Monday | **Weekly Journal** – Fold three pieces of paper, staple, add the theme title, and illustrate the cover  
Crayons, markers, and/or colored pencils  
Zip Bag Green House materials: zip bags, paper towels, water, beans or seeds | **Discussion Questions**  
- Do plants move?  
- What do plants need to grow?  
- How can we help plants to grow?  
- How do plants help us? |
| Tuesday| **Weekly Journal**  
Crayons, markers, and/or colored pencils  
**Seeds in Our Foods materials:** variety of foods with seeds (such as apple, orange, tomato, pepper, cucumber, lemon, or avocado), plastic knife, paper towel or plate | **Vocabulary Words**  
seed  
sprout  
plant  
root  
stem  
soil |
| Wednesday | **Weekly Journal**  
Crayons, markers, and/or colored pencils  
Printable: [Daisy's Garden](#)  
Scissors  
Glue | **Resources from **[PBS KIDS for Parents](#)  
- Book Suggestions: [Best Gardening Books for Kids](#)  
- Article: [Gardening with Kids](#) |
| Thursday | **Weekly Journal**  
Crayons, markers, and/or colored pencils  
**Paint with Nature materials:** paper, variety of leaves or plants (from the yard), paper plate, paint (or try homemade paint)  
**Homemade Paint recipe:** Mix ½ cup each of flour, salt, and water. Separate into baggies and add desired food coloring (add a little more water for thinner paint). | **FREE PBS KIDS Apps**  
Download on your mobile device  
- Nature Cat’s Great Outdoors  
- Peep and the Big Wide World  
- Quack’s Apples  
- Dot’s Nature Bingo |
| Friday  | **Weekly Journal**  
Crayons, markers, and/or colored pencils  
**Terrarium materials:** glass jar with lid, backyard soil, rocks, twigs, water, small plants from the yard (with roots intact) | **Fun Extras**  
- Snack Hacks: Apple Donuts  
- Dot’s Nature Bingo |