Daniel Tiger’s Neighborhood series tells engaging stories about the life of a preschooler using musical strategies grounded in Fred Rogers’ landmark social-emotional curriculum. Through imagination, creativity and music, Daniel and his friends learn the key social skills necessary for school and for life.

Extending Learning at Home

Learn Along Bingo
Keep the learning going with these bilingual, weekly bingo packets for PreK-K and 1-2 grades.

On My Way to K Toolkit & Activity Calendars
Free resources to support preschoolers’ school readiness in all developmental areas including activities, interactives, and hands-on explorations.

WUCF is Central Florida PBS and 89.9FM Jazz & More. We are Central Florida's Storyteller whose mission is to encourage curiosity and learning through compelling content and community engagement. The station serves nearly 4 million Central Floridians across nine counties. We operate five different television channels including PBS and PBS KIDS 24/7. Learn more at WUCF.org.

Contact the WUCF Education Team at:
wucfeducate@wucf.org
Sign up for our newsletter at:
WUCF.org/Family

WUCF.org/BeMyNeighborDay
#BeMyNeighborDay

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We are celebrating Be My Neighbor Day all month long with Kindness Kits, virtual events and a Daniel Tiger TV special! Visit WUCF.org/bmnd for more details.

Be My Neighbor Day TV Schedule: Saturday & Sunday, February 27 & 28

<table>
<thead>
<tr>
<th>WUCF TV</th>
<th>24/7</th>
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<tbody>
<tr>
<td>6:00am</td>
<td>10am</td>
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<tr>
<td>Mr. Rogers’ Neighborhood</td>
<td>Daniel Tiger's Neighborhood</td>
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<tr>
<td>6:30-8am</td>
<td>10:30am</td>
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<tr>
<td>Daniel Tiger Marathon</td>
<td>GR-IRIC Neighbors with Daniel Tiger</td>
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<tr>
<td>8:30am</td>
<td>10am</td>
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<tr>
<td>GR-IRIC Neighbors with Daniel Tiger</td>
<td>Daniel Tiger’s Neighborhood</td>
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<tr>
<td>9-9:30am</td>
<td>10am</td>
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<tr>
<td>Daniel Tiger Marathon</td>
<td>GR-IRIC Neighbors with Daniel Tiger</td>
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<tr>
<td>10am</td>
<td>11am-12pm</td>
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<tr>
<td>GR-IRIC Neighbors with Daniel Tiger</td>
<td>Daniel Tiger Marathon</td>
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Inside Your Kindness Kit

**Mom Tiger’s Banana Bread**
Learning Goal: Explores using 5 senses and a variety of measuring tools. Cooking can help young kids learn and practice some basic math concepts and build language skills. And the experience of creating meals with you together with your child can help build their self-confidence and lay the foundation for healthy eating habits.
**Episode: Banana Bread**

**Firefighter Sticker Scene**
Learning Goal: Understand how essential workers support our community. Help your child design a community helper scene using stickers.
**Meet the Helpers: www.meetthehelpers.org**

**Thank You Cards**
Learning Goal: Exhibit empathy, care, and concern for others. Children learn kindness and empathy by watching others. Model this skill by helping your child write a thank you card to a special person.
**PBS KIDS Game: Make a Card**

**Music Dance Party Mini Drum**
Learning Goal: Recognize and honor music from diverse cultures. The universal language of music is part of every culture. Build this mini drum with your child and create musical beats.
**PBS KIDS Game: Dance Party**

**Taking Care of Me Yoga**
Learning Goal: Ability to self-regulate and build mind/body awareness. Empower your child with these yoga exercises as a fun way to take care of their bodies.
**Episode: Gymnastics Class**

**Story Time Theatre**
Learning Goal: Express imagination and experiences through storytelling. Storytelling promotes vocabulary and language. Retell and re-enact Daniel Tiger episodes or create your own using finger puppets.
**Episode: A Puppet Show**

**Grow a Butterfly Garden**
Learning Goal: Identify organized efforts to protect the environment. Monarch butterflies migrate from Mexico to Canada and back every year, feeding on milkweed along the way. Plant the milkweed seeds and grow a habitat to help the butterflies during their journey.
**Episode: Butterflies**

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**Play With Me**

**PBS KIDS**
Find games, stories, videos, printables and songs. pbskids.org/daniel/

**FREE PBS KIDS Video & Games APPS**
Videos and learning games with favorite PBS KIDS characters.

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** PBS KIDS for parents.org**
Explore parent resources to help you raise curious and resilient children. Pbskids.org/parents
How to make your theatre:
1. Cut along the dashes to make your stage opening.
2. Fold the side flaps along the solid lines to prop up the stage.
3. Let the storytelling begin!
Cut out each card along the solid line, then fold along the dotted line. Tape each side, leaving the bottom open to insert your finger.

Now you are ready to put on a puppet show!
Music Dance Party Mini Drum

Try making this drum with recycled items to turn something old into something new!

Here’s what you’ll need:

- Any plastic, paper cup, or container
  - Try recycling a cup you have already used.
- Rubber band
- Square piece of paper 2 inches larger than the cup opening.
  - Try cutting the square out of an old grocery paper bag or envelope

Here’s what to do:

1. Place the paper on the top (opening) of the cup.
2. Wrap the paper around the top of the cup.
3. Secure the rubber band.

Tap, Tap, Tap
Mom Tiger’s Banana Bread
[Episode 108: I Love You, Mom]

Daniel and his friend Baker Aker surprise Mom Tiger with her favorite banana bread, because making something is one way to say “I love you.”

**Ingredients**

- 4 overripe bananas (3, if large)
- ¼ cup melted butter
- 1 cup sugar
- 1 teaspoon baking soda
- 1 egg
- 1 teaspoon salt
- 1 ½ cups flour

**Directions**

1. In a medium bowl, mash bananas with a fork. Stir in other ingredients.
2. Pour into a non-stick or buttered 8 ½ x 3 ½ x 2 ½ -inch loaf pan.
3. Bake for 1 hour in preheated oven at 325 degrees.

**Notes**

- Remember to wash your hands thoroughly before handling foods. Keep cleanliness and sanitary food-handling in mind.
- Overripe bananas work best, especially really overripe or heavily speckled ones. This gives the bread the real banana flavor.
- Bananas can be kept until ripe, then peeled and frozen. Thaw when ready to use.
- Smaller pans can be used. Start testing for doneness after about 35 minutes.
- If no one has an allergy to nuts, feel free to add ½ cup of chopped walnuts or pecans.

**Take It Further**

Use the steps of this recipe to share information with children about math and science, such as using measuring tools and calculating ingredient amounts. You can also reinforce social skills by letting them take turns.

**Talk About It**

Talk with your child about the ingredients you’re using and what kinds of recipes might use these same ingredients.
Crab Crawl

Sit on the floor and keep your feet flat, lean back on your arms, just like that. Push your bottom up right off the floor, now crawl like a crab to strengthen your core!

Taking Care of Me Yoga with Friends

Yoga helps focus on breathing, moving, and feeling calm. Cut out the cards below and have a family yoga night!

Froggy Pose

Place feet apart and squat down low. Stretch your arms and touch your toes. Take a breath and jump in the air. “Ribbit” like a frog everywhere!

Star Pose

Spread your legs far apart, then stretch your arms out far. Take a deep breath right where you are, now you’re a twinkling, sparkling star!

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