Write a Family Book

Skills Focus: Connecting with family; storytelling

It’s difficult for everyone to be distant from the ones we care about, but it can be especially hard on young children who don’t always understand the reasons why. Creating a special family book can help your child stay connected.

Draw Your Family

Have your child draw a picture of each member of their family. Families come in all kinds and sizes, so if your child has a friend that they feel is part of their family, encourage them to include their picture too.

From Drawing to Picture Book

Ask your child to tell you what to write on each picture. Some ideas include the person’s name, how they are related to the child, the child’s favorite thing about or memory with the person. Then, together, you can bind the pages and add the book to their personal library.

Use recycled cardboard from cereal boxes or deliveries for the cover and encourage your child to decorate it. If you have multiple children, you can work on the family book together, then have each child create their own friend book.

Share your books with friends and family during a video chat.