



Homemade Clay Dough Recipe

This activity should be done with the help of a trusted adult

Materials List:

- 4 cups all-purpose flour
- 3/4 cup salt
- 1 1/2 cups water
- Microwave-safe bowl
- Food coloring (optional)

Instructions:

1. With the help of an adult, heat the water in your microwave until it's warm enough to dissolve the salt- about 90 seconds to 2 minutes, depending on your microwave. Use an oven mitt when removing the bowl.

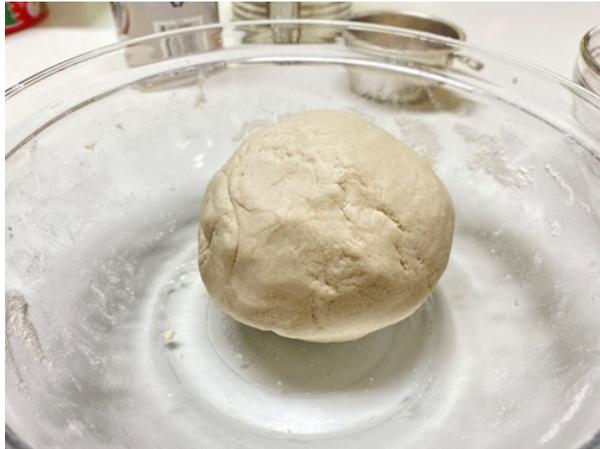


2. Pour the salt into the water and stir with a plastic or wooden spoon until it is completely dissolved. Allow the water to cool completely.





3. Pour the salt water into the flour a little at a time and mix with a spoon or your hands until all of the water has been added. Knead the clay dough until it is smooth. If the clay is too sticky or too soft to hold its shape, knead in a little more flour until it holds its



4. (Optional) If you want to color your clay, divide it into multiple chunks. If you're mixing food coloring to make new colors, do this before adding it to your clay. Knead in the food coloring on a piece of wax paper or in your bowl so you don't stain your counter. A little food coloring will give you a lighter color, and more will give you a brighter or darker color. If your clay gets sticky, you can add more flour until it's the right texture





Homemade Clay Dough Baking Instructions

This activity should be done with the help of a trusted adult

Materials List:

- Aluminum foil
- Baking pan or cookie sheet

Instructions:

1. Move your oven rack to the middle of the oven, then preheat the oven to 325°F.



2. Place the sculpture on a piece of aluminum foil on a cookie sheet or baking pan and cover it with another piece of foil so it doesn't burn.



3. Place it in the middle of the oven rack. Bake the sculpture for about 45 minutes.





4. Take the sculpture out of the oven, and let it cool completely in a safe place. This can take about an hour, depending on the size of your sculpture. Once it's cool, you can paint it.

