This is the charming story of a baby bat who falls head first into a bird’s nest and is raised in a most peculiar way by a family of birds until she is reunited with her mother. LeVar discovers a mysterious and fascinating world of nocturnal animals. Viewers see bats in their natural habitats and visit with a bat expert. Then, at the New York University Sleep Disorders Center, viewers learn about the world of slumber and dreams, and follow a young girl as she takes part in a sleep study.

Here are several activities you and your child can do together after watching this episode.

**Batty Pencil Holder**

You will need:
- a clean can (check for sharp edges)
- black and white construction paper
- scissors
- glue
- wiggle eyes

Directions:
1. Clean the can and check for sharp edges.
2. Cut a strip of black paper to cover the can. Glue in place.
3. Cut two bat wings and bat ears from the black paper and add to the can.
4. Glue wiggle eyes or use white paper to cut out eyes and fangs to glue on the bat to create a face.
5. Use the bat can to hold pencils, pens, markers, or whatever you like!

**Night Owl Snack**

Have the family grab a glass of milk and make this bedtime snack.

You will need:
- graham or saltine crackers
- peanut butter or cream cheese
- banana slices
- raisins
Directions:
1. Spread peanut butter or cream cheese over the cracker.
2. Add banana slices for eyes, topped with a raisin.
3. Cut a banana slice in half for a beak. There you have an edible owl to enjoy with your milk!

Creatures of the Night

In the evening before bedtime, sit outside with the family. Ask everyone to be very still. Spend a few moments listening and looking. Then talk about creatures they see, creatures they hear, and where the night sounds seem to be coming from. Try doing this at different times of the year. Talk about how the sounds seem to change.