

February 2023

# MPB KIDS CLUB

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Hi everyone,

Need some cards fast for a classroom Valentine's Day party? Print out these Valentine's Day cards with favorite PBS KIDS characters! To start downloading click [here](#).



Empee Bee



**4 Easy Ways Children Can Show Their Love**  
By: Meghan Grana

Valentine's Day is all about L-O-V-E! But expressing love is more than handing out red roses and candy hearts: It's about finding ways to show kindness toward friends, family and your community. Teaching children to include acts of kindness throughout the Valentine's holiday expands their understanding of love and strengthens their relationships.

To read more click [here](#)



## Upcoming Events



Join us for our next Workforce Wednesday!

Date: February 15, 2023

Time: 11:30 a.m. - 12:30 p.m.

Visit [gettingtowork.mpbonline.org](http://gettingtowork.mpbonline.org) for details.



## Happy Birthday!

If your birthday is in February, click the image below to see your name.



Visit [Education.mpbonline.org](http://Education.mpbonline.org) for upcoming details.



## Feelings and Communication

As with any challenge, the better your communication, the better your results. Challenges are great opportunities to connect and to talk it out. More importantly, keeping communication open will reassure kids that you are there for them, remind them that it's good to ask questions, and allow them to share whatever is on their mind, including their worries. So put your devices down and make time for talking—and for listening.

And here are some good dinnertime conversation starters:

- What was the best part of your day?
- What was the most challenging part of your day?
- What was one new thing you saw, did, or learned about today?



## 13 Children's Books That Celebrate Different Ways to Show You Care

By: Rachael Walker

We can show love and express how we care in many different ways. Some expressions can be loud, like a musical tribute, or quiet, like a gentle hug or cuddle. Other ways to show love might be tasty, like a special dessert or favorite meal. And others might include actual dirt, like time spent together in the garden.

For a list of these books, click [here](#).

# Family Bonding



Families come in all shapes and sizes, and each is unique in its own way. But one thing all families have in common is love. Everyone benefits from spending quality time with family. With little ones, that usually involves plenty of silly play! Here are resources and activities with simple, everyday ways to live, love, learn, laugh, and create lasting memories together.

For videos and more on the topic click [here](#).

## Be Sound Detectives!



In the "Work It Out Wombats!" episode "Crab Quakes," the Wombats need to figure out what's making a mysterious, scary sound. They become sound detectives and work together to figure out what's causing it.

Now it's your turn! Play this simple game with your child to explore how one action or event causes another. Create mystery sounds with objects from around the house and see if you can figure out what's causing the sounds!

For directions and supply list, click [here](#).



Join us every 3rd Thursday at MPB  
10 a.m. - noon



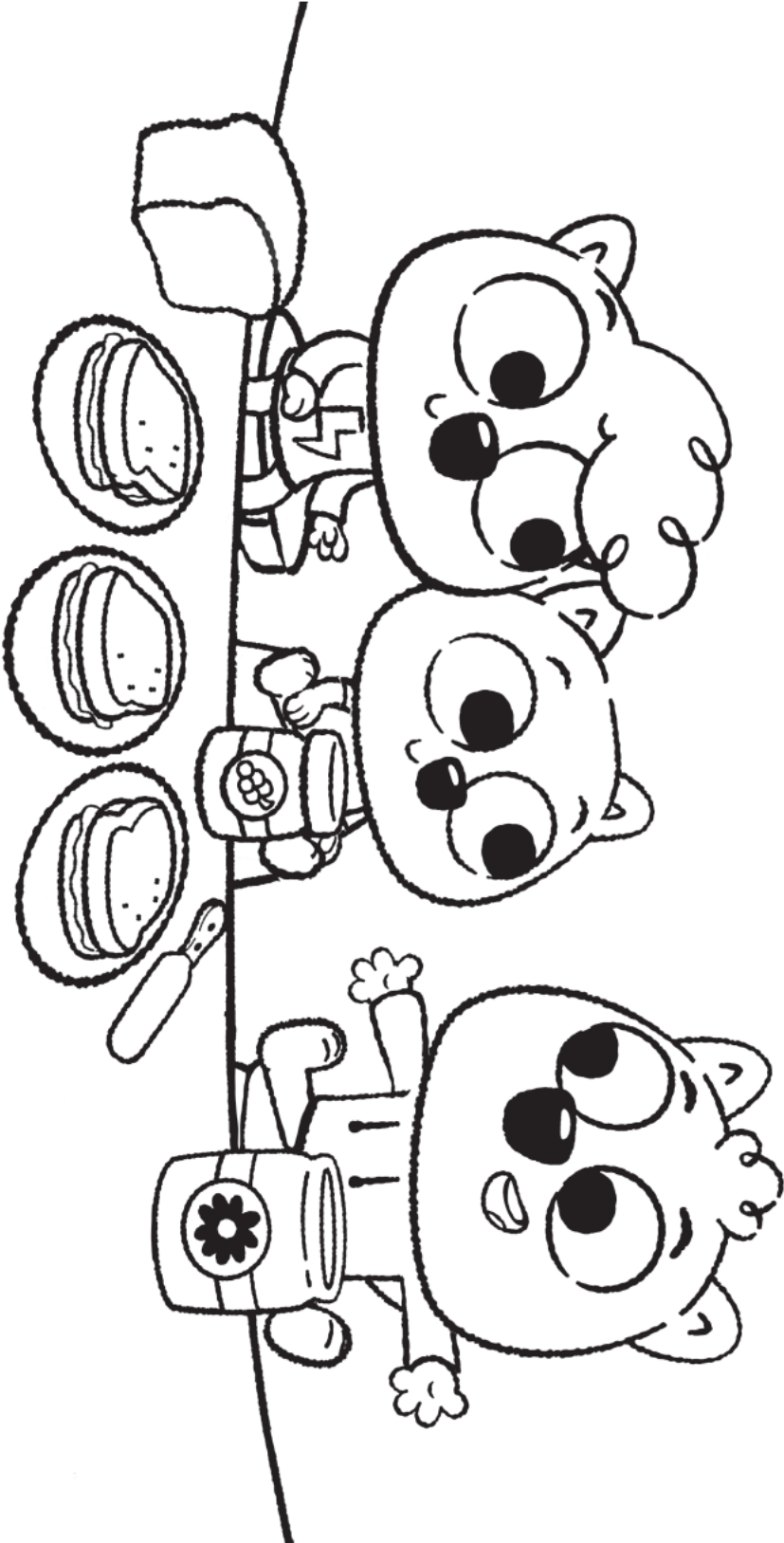
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# Break It Down Making Sandwiches

The Wombats broke down the big job of making sandwiches into smaller jobs. Each had a different job. Color in the picture.



[Find more games and activities at pbskids.org/wombats](http://pbskids.org/wombats)

Work It Out Wombats! is produced by  
CBBI Kids and Pipeline Studios.

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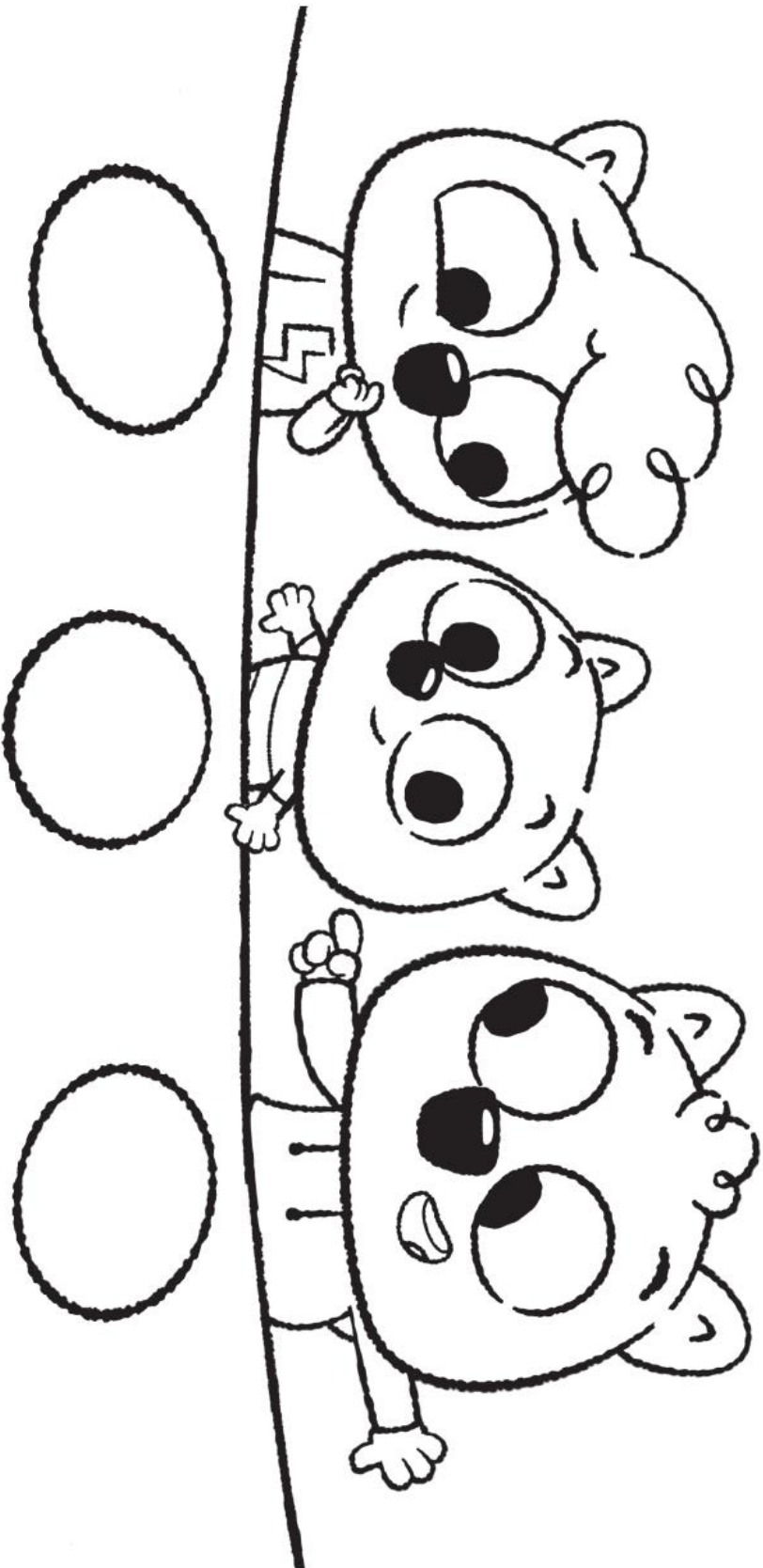
Additional Funding:





# Break It Down Make More Sandwiches

Give each Wombat a job, and then draw the sandwiches they made on the plates.



Find more games and activities at [pbskids.org/wombats](http://pbskids.org/wombats)

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