



Activity Calendar

Theme: Friendship

Monday



Learning Goal: Children will begin to recognize the emotions of peers and respond with empathy and compassion.

Video Resource: [You, Me, & Community | Change It!](#)

Journal: Wrinkled Heart - Cut out a large heart shape. Brainstorm with your child actions that can hurt their feelings and fold the heart for each example given. Now share ways other have made them feel good and unfold the heart for each act. Discuss the effects of hurtful behaviors on someone's heart, as the wrinkles never come out. Glue the heart in your journal as a reminder.

Tuesday



Learning Goal: Children will begin to identify differences and similarities of self and others as part of a group.

Video Resources: [Alike & Different Strategy Song | Daniel Tiger's Neighborhood](#)

Video Resource: [Come and Play | Sesame Street](#)

Activity: Friendship Bracelet - Cut the straw into 1/2 inch pieces (these will be the beads). String the straw pieces onto the pipe cleaner or string, creating a pattern or any design. Make several to share with new friends you meet.

Wednesday



Learning Goal: Children will begin to maintain friendships and be able to engage in prosocial behavior such as cooperating and compromising.

Video Resource: [Turn it Around and Find Something Good Strategy Song | Daniel Tiger's Neighborhood](#)

Activity: Emotions Mat – Make this two ingredient [Silly Putty](#). Decorate a paper plate to show hair and ears, leaving the face blank. Take turns creating facial expressions using and encourage your child to make up a scenario or experience that would cause that emotion.

Thursday



Learning Goal: Children will begin to demonstrate cognitive empathy (recognizing or inferring other's mental states) and the use of words, gestures and facial expressions to respond appropriately.

Video Resource: [Feelings | Everyday Learning](#)

Interactive Game: [Breathe, Think, Do | Sesame Street](#)

Activity: Calm Down Kit - Empower your child to manage their emotions by creating a kid-friendly basket filled with items they can use independently such as [I Can Cards](#) (page 36-37), a favorite stuffed animal, a child safe mirror, a squishy ball, and a book.

Journal: Take turns looking into the mirror with your special grownup and drawing each other's faces when sad, angry, shy, and afraid.

Friday

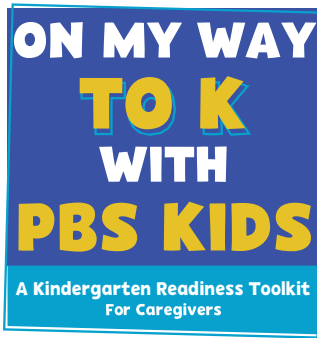


Learning Goal: Children will begin to recognizes preferences of others.

Video Resource: [Friends Can Be Different | Sesame Street](#)

Video Resource: [Bert & Ernie: Best Buddies Read Along | Sesame Street](#)

Printable Activity: [Pocket Full of Hearts](#)



Get Ready, Set, Prep

Theme: Friendship

Materials for the Week

Monday

Weekly Journal – Fold three pieces of paper, staple, add the theme title, and illustrate the cover
Crayons, markers, and/or colored pencils
Piece of paper (construction or plain)
Glue

Tuesday

Weekly Journal
Crayons, markers, and/or colored pencils
Straws (at least two in different colors or patterns)
Pipe Cleaners or String (to make friendship bracelets)
Scissors

Wednesday

Weekly Journal
Crayons, markers, and/or colored pencils
Paper Plate
Silly Putty materials: liquid starch, all purpose glue, food coloring, bowl, spoon

Thursday

Weekly Journal
Crayons, markers, and/or colored pencils
Printable: [I Can Cards On My Way to K](#) book pages 36-37
Mirror

Friday

Weekly Journal
Crayons, markers, and/or colored pencils
Scissors
Printable: [Pocket Full of Hearts](#)

Learning Resources

Discussion Questions

- What are some of the ways people help each other?
- How do you feel when you meet someone new?
- Does everyone have the same feeling?
- Does everyone express feelings the same way?

Vocabulary Words

emotions kindness similar different compassion

Resources from PBS KIDS for Parents



[Children's Books for Building Friendships](#)



[Children's Books About Race and Diversity](#)

FREE PBS KIDS Apps

Download on your mobile device.



[Daniel Tiger for Parents](#)



[PBS KIDS Games App](#)

Fun Extras



[Rainbow Fish Storyline Online](#)



[White Socks Only Storyline](#)