How SHE Rolls

SOUTHERN FARE AND THE HIGHS AND LOWS OF ENTREPRENEURSHIP

PREMIERES AUGUST 24

See page 15!
Dear Friends,

PBS has a long tradition of presenting performances, discoveries, and ideas from off the beaten path. For fifty years, your financial support has allowed KBTC to remain commercial-free, which grants us independence, along with the opportunity to hand-select the programs we know are valuable to you, your family, and our entire community.

In fact, we feel it’s our responsibility to leave no stone unturned when seeking out the next amazing program. Sometimes that pursuit leads us to stories told by documentarians whose own curiosity, passion, and dedication spill over onto the screen, drawing us in and bringing to light events and observations we would not have otherwise been able to learn about and experience.

This month we have a fine selection of award-winning documentaries from independent filmmakers to share with you (see page 3). Like different chapters from a book, each tells a challenging and revealing story from a unique perspective, offering a glimpse into the lives of people who aren’t so unlike ourselves, dealing with struggles that may not be much different than our own.

I hope you enjoy Swim, The Trials of Muhammad Ali, The Hottest August, and all of the programs we have on tap for you this month!

DeAnne Hamilton

DeANNE HAMILTON
Executive Director and General Manager,
KBTC
The Hottest August

A critically acclaimed documentary that raises the specter of climate change without ever mentioning it, as ordinary New Yorkers share their anxieties about what the future holds while bracing for one of the hottest months on record.

Wrestle | 11pm Tuesday August 3

An intimate portrait of an Alabama high school wrestling team as they face challenges on and off the mat and pursue their goals with courage.

The Trials of Muhammad Ali | 11pm Tuesday August 24

An exploration of the extraordinary and complex life of the legendary athlete outside of the boxing ring.
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<tr>
<th>Time</th>
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<tr>
<td>11:00am</td>
<td>Hero Elementary</td>
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<td>11:30am</td>
<td>Daniel Tiger's Neighborhood</td>
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<td>12:00pm</td>
<td>Sesame Street</td>
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<td>12:30pm</td>
<td>Donkey Hodie</td>
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<td>1:00pm</td>
<td>Xavier Riddle and the Secret Museum</td>
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<td>1:30pm</td>
<td>Molly of Denali</td>
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<td>2:00pm</td>
<td>Elinor Wonders Why</td>
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<td>2:30pm</td>
<td>Let's Go Luna!</td>
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<td>3:00pm</td>
<td>Clifford the Big Red Dog</td>
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<td>3:30pm</td>
<td>Curious George</td>
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<td>4:00pm</td>
<td>Wild Kratts</td>
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<td>4:30pm</td>
<td>Arthur</td>
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<tr>
<td>5:00pm</td>
<td>Nature Cat</td>
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<td>5:30pm</td>
<td>Odd Squad</td>
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**New Episodes!**

Join Daniel and his friends for a week of "firsts" in the Neighborhood of Make-Believe! Follow along as Margaret celebrates her first Thank You Day, Daniel takes his first trip to the hospital and Prince Wednesday’s brother goes away to college for the first time.

[LEARN MORE AT WWW.KBTCKIDS.ORG](#)
### 1 Sunday

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>6:00am</td>
<td>Ask This Old House</td>
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<td>7:00am</td>
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<td>10:30am</td>
<td>The Longevity Paradox with Steven Gundry, MD</td>
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<tr>
<td>12:00pm</td>
<td>Aging Backwards 3 with Miranda Esmonde-White</td>
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<tr>
<td>1:00pm</td>
<td>Rick Steves: Great German Cities</td>
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<td>3:00pm</td>
<td>Rick Steves Holy Land: Israelis and Palestinians Today</td>
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<td>Rick Steves: The Alps</td>
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<tbody>
<tr>
<td>5:00am</td>
<td>Eat Your Medicine: The Pegan Diet with Mark Hyman, MD</td>
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<tr>
<td>7:00am</td>
<td>Country Music: The Sons and Daughters of America (Pt. 5/8)</td>
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<tr>
<td>9:00am</td>
<td>Sit and Be Fit</td>
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<tr>
<td>9:30am</td>
<td>Lidia's Kitchen</td>
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<td>10:00am</td>
<td>America's Test Kitchen</td>
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<tr>
<td>10:30am</td>
<td>Cook's Country</td>
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<tr>
<td>11:00am – 6:00pm</td>
<td>KBTC KIDS</td>
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<tr>
<td>6:00pm</td>
<td>Secrets of Henry Vill's Palace</td>
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<tr>
<td>7:00pm</td>
<td>Secrets of the Royal Servants</td>
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<tr>
<td>8:00pm</td>
<td>Death in Paradise (S10, Ep. 4/8)</td>
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<tr>
<td>9:00pm</td>
<td>The Chaperone on Masterpiece</td>
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<tr>
<td>11:00pm</td>
<td>Halifax Retribution (Pt. 8/8)</td>
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<tr>
<td>12:00am</td>
<td>Amanpour and Company</td>
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### 3 Tuesday

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>6:00am</td>
<td>Northwest Now</td>
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<tr>
<td>6:30am</td>
<td>Asia Insight</td>
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<tr>
<td>7:00am</td>
<td>The Chaperone on Masterpiece</td>
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</tbody>
</table>

Elizabeth McGovern stars in this 1920’s period drama based on Laura Moriarty's bestselling novel, adapted by Julian Fellowes (*Downton Abbey*).
**TUESDAY CONTINUED**

9:00am  Sit And Be Fit
9:30am  Creative Living
10:00am Pati’s Mexican Table
10:30am Moveable Feast with Relish

**11:00am – 6:00pm KBTC KIDS**

6:00pm  Nature: The Alps: The High Life (Pt.1/2)
7:00pm  Nature: The Alps: Winter’s Fortress (Pt. 2/2)
8:00pm  NOVA: Rise of the Rockets
9:00pm  Blue Sky Metropolis: Wings (Pt.1/4)
10:00pm Blue Sky Metropolis: The Big Chill (Pt. 2/4)
11:00pm Independent Lens: Wrestle
12:30am Amanpour and Company

**4 WEDNESDAY**

6:00am  Journeys in Japan
6:30am  Consuelo Mack
7:00am  Nature: The Alps: The High Life (Pt.1/2)
8:00am  Nature: The Alps: Winter’s Fortress (Pt. 2/2)
9:00am  Sit and Be Fit
9:30am  P. Allen Smith's Garden Home
10:00am Kevin Belton's Cookin' Louisiana

10:30am Joanne Weir’s Plates and Places
11:00am – 6:00pm KBTC KIDS

6:00pm  Country Music: Will the Circle Be Unbroken? (Pt. 6/8)
8:00pm  Finding Your Roots: This Land is My Land
9:00pm  Unforgotten on Masterpiece (S4, Ep. 3/6)
10:00pm Professor T: Sugarbabe (Pt. 5/13)
11:00pm Professor T: Every Home (Pt. 6/13)
12:00am Amanpour and Company

**5 THURSDAY**

6:00am  Focus on Europe
6:30am  Journeys in Japan
7:00am  Country Music: Will the Circle Be Unbroken? (Pt. 6/8)
9:00am  Sit and Be Fit
9:30am  Ask This Old House
10:00am Christopher Kimball’s Milk Street Television
10:30am Dining With the Chef
11:00am – 6:00pm KBTC KIDS

6:00pm  The National Parks: America’s Best Idea: The Scripture of Nature (Pt.1/6)
8:00pm  Glacier Park’s Night of the Grizzlies
9:30pm  Wilder Than Wild: Fire, Forests and the Future
10:30pm The West is Burning
11:30pm Follow the Water
12:30am Amanpour and Company

**6 FRIDAY**

5:00am  Overcoming Anxiety, Depression, Trauma and Grief with Daniel Amen, MD and Tana Amen

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LOOKING FOR KIDS SHOWS? CHECK OUT PAGE 3
Greetings From Tohoku: Arigato Host Towns | 7pm Friday August 6

In this special from NHK, three cities profiled as “Olympic Host Towns,” were devastated during the Great East Japan Earthquake and tsunami in 2011. This story explores connections made resulting from relief efforts after the disaster, along with the current state of reconstruction 10 years later.

7:00am The National Parks: America’s Best Idea: The Scripture of Nature (Pt.1/6)
9:00am Sit and Be Fit
9:30am This Old House
10:00am Steven Raichlen’s Project Fire
10:30am Simply Ming
11:00am – 6:00pm KBTC KIDS
6:00pm Finding Your Roots: This Land is my Land
7:00pm Greetings From Tohoku: Arigato Host Towns
7:30pm Northwest Now
8:00pm Foyle’s War: Bad Blood (S4, Pt. 2/2)
9:00pm New Tricks: Old School Ties (S9, Pt. 2/8)
10:00pm Death in Paradise (S10, Ep. 4/8)
11:00pm Unforgotten on Masterpiece (S4, Ep. 3/6)
12:00am Amanpour and Company

7:30am P. Allen Smith’s Garden Home
8:00am Make It Artsy
8:30am Knit and Crochet Now!
9:00am It’s Sew Easy
9:30am Fit 2 Stitch
10:00am Best of Sewing with Nancy
10:30am Quilting Arts
11:00am Fresh Quilting
11:30am Fons & Porter’s Love of Quilting
12:00pm Quilt in a Day
12:30pm Suze Orman’s Ultimate Retirement Guide
2:30pm Eat Your Medicine: The Pegan Diet with Mark Hyman, MD
4:30pm Overcoming Anxiety, Depression, Trauma and Grief with Daniel Amen, MD and Tana Amen
6:30pm Rick Steves: Festive Europe
7:00pm This Land is Your Land
8:30pm This Turner: One Last Time
10:00pm Rick Steves: Heart of Italy
11:00pm Doctor Who
11:30pm Doctor Who

CALL 1.800.325.5877 TO MAKE A DONATION
Classical Rewind takes viewers on an incredible journey to explore the music of the masters. This visual and auditory joyride offers a fanciful look at the classical masterpieces, providing spectacular video of dancers, phantoms, masked men, and fireworks to accompany each composition.

**SATURDAY CONTINUED**

12:00am Tina Turner: One Last Time

**8 SUNDAY**

6:00am Ask This Old House

6:30am This Old House

7:00am Paint This With Jerry

7:30am The Best of Joy Of Painting

8:00am Outside: Beyond the Lens

8:30am Outside: Beyond the Lens

9:00am Suze Orman’s Ultimate Retirement Guide

11:00am Retire Safe and Secure with Ed Slott for 2021

1:00pm This Land is Your Land

2:30pm Ken Burns: The Civil War

4:30pm Ken Burns: The National Parks

6:30pm Classical Rewind

8:00pm The Carpenters: Close to You

9:30pm Eat Your Medicine: The Pegan Diet with Mark Hyman, MD

11:30pm This Land is Your Land

**9 MONDAY**

5:00am Rick Steves: The Alps

7:00am Eat Your Medicine: The Pegan Diet with Mark Hyman, MD

9:00am Sit and Be Fit

9:30am Classical Rewind

11:00am – 6:00pm KBTC KIDS

6:00pm Rick Steves: Hunger and Hope: Lessons from Ethiopia and Guatemala

7:30pm Suze Orman’s Ultimate Retirement Guide

9:30pm Tina Turner: One Last Time

11:00pm Aging Backwards 3 with Miranda Esmonde-White

12:00am Amanpour and Company

**10 TUESDAY**

5:00am Eat Your Medicine: The Pegan Diet with Mark Hyman, MD

7:00am Rick Steves: Europe Awaits

9:00am Sit and Be Fit
In this unforgettable journey, Rick Steves shares vivid visits to some European favorites – off-beat, romantic, or just good for the soul – that he’d love to visit when we can travel again. Stow-away with Rick as he explores the wonders and savors the joys of a montage of travel delights!

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12 THURSDAY

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<tr>
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Explore the cultural legacy and influence of the British comedy troupe. Celebrities discuss, laugh, and reminisce about various Monty Python segments, connecting the group’s work to today’s most successful television humor.

FRIDAY CONTINUED

8:30am  Rick Steves: Festive Europe
9:00am  Sit and Be Fit
9:30am  Overcoming Anxiety, Depression, Trauma and Grief with Daniel Amen, MD and Tana Amen
11:00am – 6:00pm KBTC KIDS
6:00pm  ADD & Loving It?!
7:30pm  Northwest Now
8:00pm  This Land is Your Land
9:30pm  Tina Turner: One Last Time
11:00pm  Unforgotten on Masterpiece (S4, Ep. 4/6)
12:00am  Amanpour and Company

10:00am  Best of Sewing With Nancy
10:30am  Quilting Arts
11:00am  Fresh Quilting
11:30am  Fons & Porter’s Love of Quilting
12:00pm  Quilt in a Day
12:30pm  Build a Better Memory Through Science
2:30pm  The Longevity Paradox with Steven Gundry, MD
4:00pm  Classical Rewind
5:30pm  This Land is Your Land
7:00pm  Monty Python’s Best Bits Celebrated
8:30pm  Country Pop Legends
10:30pm  Rick Steves: Festive Europe
11:00pm  Doctor Who
11:30pm  Doctor Who
12:00am  Monty Python’s Best Bits Celebrated

14 SATURDAY

6:00am  Growing A Greener World
6:30am  Washington Grown
7:00am  Garden Smart
7:30am  P. Allen Smith’s Garden Home
8:00am  Make It Artsy
8:30am  Knit and Crochet Now!
9:00am  It’s Sew Easy
9:30am  Fit 2 Stitch
10:00am  Best of Sewing With Nancy
10:30am  Quilting Arts
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10:30pm  Rick Steves: Festive Europe
11:00pm  Doctor Who
11:30pm  Doctor Who
12:00am  Monty Python’s Best Bits Celebrated

15 SUNDAY

6:00am  Ask This Old House
6:30am  This Old House
7:00am  Paint This With Jerry
7:30am  The Best of Joy Of Painting
8:00am  Outside: Beyond the Lens
ADD & Loving It?! | 8pm Sunday August 15

In this uplifting documentary, actor Patrick McKennahe talks to researchers, specialists, and doctors about ADD and ADHD. Interwoven, Patrick shares his own life story and his personal struggle with undiagnosed and untreated ADHD, and, now, his success in living with adult ADD.

8:30am  Outside: Beyond the Lens
9:00am  Build a Better Memory Through Science
11:00am  ADD & Loving It?!
12:30pm  Retire Safe and Secure with Ed Slott for 2021
2:30pm  Ken Burns: Baseball
4:00pm  Country Pop Legends
6:00pm  Rick Steves: Europe Awaits
8:00pm  ADD & Loving It?!
9:30am  Build a Better Memory Through Science
11:30am  Ken Burns: Baseball

10:00pm  Monty Python’s Best Bits Celebrated
11:30pm  Rick Steves: Island Hopping Europe
12:00am  Amanpour and Company

TUESDAY

5:00am  Rick Steves: The Alps
7:00am  Suze Orman’s Ultimate Retirement Guide
9:00am  Sit and Be Fit
9:30am  Build a Better Memory Through Science

11:00am – 6:00pm KBTC KIDS

MONDAY

5:00am  Rick Steves: Europe Awaits
7:00am  Rick Steves: Europe Awaits
9:00am  Sit and Be Fit
9:30am  The Enegy Paradox with Steven Gundry, MD

11:00am – 6:00pm KBTC KIDS

6:00pm  Rick Steves: Festive Europe
6:30pm  Classical Rewind
8:00pm  Agatha and the Truth of Murder

17 TUESDAY

6:00pm  Rick Steves: Europe Awaits
8:00pm  Ken Burns: The Civil War
10:00pm  Ken Burns: Baseball
11:30pm  Rick Steves: Festive Europe
12:00am  Amanpour and Company

18 WEDNESDAY

5:00am  Eat Your Medicine: The Pegan Diet with Mark Hyman, MD
Follow the six-decade journey of the extraordinary performer as her sublime voice transforms the tragedies and troubles of her life into joy. Interviews include Tony Bennett, Johnny Mathis, Smokey Robinson and Fitzgerald’s son, Ray Brown, Jr.

**Ella Fitzgerald: Just One of Those Things | 7pm Wednesday August 18**

**WEDNESDAY CONTINUED**
- 7:00am Ella Fitzgerald: Just One of Those Things
- 9:00am Sit and Be Fit
- 9:30am ADD & Loving It?!
- **11:00am – 6:00pm KBTC KIDS**
  - 6:00pm Rick Steves: Heart of Italy
  - 7:00pm Ella Fitzgerald: Just One of Those Things
  - 9:00pm Unforgotten on Masterpiece (S4, Ep. 5/6)
  - 10:00pm Suze Orman’s Ultimate Retirement Guide
  - 12:00am Amanpour and Company

**19 THURSDAY**
- 5:00am Retire Safe and Secure with Ed Slott for 2021
- 7:00am Country Pop Legends
- 9:00am Sit and Be Fit
- 9:30am Overcoming Anxiety, Depression, Trauma and Grief with Daniel Amen, MD and Tana Amen
- **11:00am – 6:00pm KBTC KIDS**
  - 6:00pm Suze Orman’s Ultimate Retirement Guide
  - 8:00pm Country Pop Legends
  - 10:00pm Eat Your Medicine: The Pegan Diet with Mark Hyman, MD
  - 12:00am Amanpour and Company

**20 FRIDAY**
- 5:00am Build a Better Memory through Science
- 7:00am Eat Your Medicine: The Pegan Diet with Mark Hyman, MD
- 9:00am Sit and Be Fit
- 9:30am Classical Rewind
- **11:00am – 6:00pm KBTC KIDS**
  - 6:00pm Rick Steves: Hunger and Hope: Lessons from Ethiopia and Guatemala
  - 7:30pm Northwest Now
  - 8:00pm Agatha and the Truth of Murder
  - 10:00pm Rick Steves: Heart of Italy
  - 11:00pm Unforgotten on Masterpiece (S4, Ep. 5/6)
  - 12:00am Amanpour and Company
Join the crime writer as she investigates the murder of Florence Nightingale’s goddaughter, during her 11-day disappearance in 1926. Christie’s involvement in the case influenced her later work. Starring Ruth Bradley as Agatha Christie.

**21 SATURDAY**

- **6:00am** Growing A Greener World
- **6:30am** Washington Grown
- **7:00am** Garden Smart
- **7:30am** P. Allen Smith’s Garden Home
- **8:00am** Make it Artsy
- **8:30am** Knit and Crochet Now!
- **9:00am** It’s Sew Easy
- **9:30am** Fit 2 Stitch
- **10:00am** Best of Sewing with Nancy
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- **11:30am** Fons & Porter’s Love of Quilting
- **12:00pm** Quilt in A Day
- **12:30pm** ADD & Loving It?!
- **2:00pm** Easy Yoga for Arthritis with Peggy Cappy
- **3:00pm** Country Pop Legends
- **5:00pm** Agatha and the Truth of Murder
- **7:00pm** Ella Fitzgerald: Just One of Those Things
- **9:00pm** The Carpenters: Close to You
- **10:30pm** Rick Steves: Island Hopping Europe
- **11:00pm** Doctor Who
- **11:30pm** Doctor Who

**12:00am** Agatha and the Truth of Murder

**22 SUNDAY**

- **6:00am** Ask This Old House
- **6:30am** This Old House
- **7:00am** Paint This With Jerry
- **7:30am** The Best of Joy Of Painting
- **8:00am** Outside: Beyond the Lens
- **8:30am** Outside: Beyond the Lens
- **9:00am** Eat Your Medicine: The Pegan Diet with Mark Hyman, MD
- **11:00am** Build a Better Memory through Science
- **1:00pm** Suze Orman’s Ultimate Retirement Guide
- **3:00pm** Easy Yoga for Arthritis with Peggy Cappy
- **4:00pm** Easy Yoga: The Secret to Strength and Balance with Peggy Cappy
- **5:00pm** Easy Yoga for Diabetes with Peggy Cappy
- **6:00pm** Eat Your Medicine: The Pegan Diet with Mark Hyman, MD
- **8:00pm** Classical Rewind
- **9:30pm** Best of Celtic Woman
The documentary focuses on the prolonged drought in the West and the increased water pressure on the Colorado River that has fostered a unique blend of competition and collaboration among Western states.

**SUNDAY CONTINUED**

**11:00pm**  It’s What’s Happening Baby

**23 MONDAY**

**6:00am**  Easy Yoga for Diabetes with Peggy Cappy

**7:00am**  Follow the Water

**8:00am**  Beyond the Mirage: The Future of Water in the West

**9:00am**  Sit and Be Fit

**9:30am**  Lidia’s Kitchen

**10:00am**  America’s Test Kitchen

**10:30am**  Cook’s Country

**11:00am – 6:00pm KBTC KIDS**

**6:00pm**  Call the Midwife (S8, Ep. 1/8)

**7:00pm**  Call the Midwife (S8, Ep. 2/8)

**8:00pm**  Sit and Be Fit

**9:00am**  Beyond the Mirage: The Future of Water in the West

**9:30am**  Creative Living

**10:00am**  Sit and Be Fit

**10:30am**  How She Rolls

**11:00am – 6:00pm KBTC KIDS**

**6:00pm**  Call the Midwife (S8, Ep. 1/8)

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**8:00pm**  Call the Midwife (S8, Ep. 3/8)

**9:00am**  Beyond the Mirage: The Future of Water in the West

**9:30am**  Sit and Be Fit

**10:00am**  Sit and Be Fit

**10:30am**  How She Rolls

**11:00am – 6:00pm KBTC KIDS**

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**9:30am**  Sit and Be Fit

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**9:30am**  Sit and Be Fit

**10:00am**  Sit and Be Fit

**10:30am**  How She Rolls
### August Highlights

**Wednesday, August 25**

- **6:00am** Journeys in Japan
- **6:30am** Consuelo Mack
- **7:00am** Nature: Equus: Story of the Horse - Origins (Pt. 1/2)
- **8:00am** Nature: Equus: Story of the Horse - Chasing the Wind (Pt. 2/2)
- **9:00am** Sit and Be Fit
- **9:30am** P. Allen Smith’s Garden Home
- **10:00am** Kevin Belton’s Cookin’ Louisiana
- **10:30am** Joanne Weir’s Plates and Places
- **11:00am**–5:30pm KBTC KIDS
  - **5:30pm** How She Rolls | 10:30am Tuesdays Premiers August 24

**Thursday, August 26**

- **6:00am** Focus on Europe
- **6:30am** Journeys in Japan
- **7:00am** Blue Sky Metropolis: A Space Odyssey (Pt. 3/4)
- **8:00am** Blue Sky Metropolis: Back to the Future (Pt. 4/4)
- **9:00am** Sit and Be Fit
- **9:30am** Ask this Old House
- **10:00am** Christopher Kimball’s Milk Street Television
- **10:30am** Dining With the Chef
- **11:00am**–5:30pm KBTC KIDS
  - **5:30pm** The National Parks: America’s Best Idea: The Last Refuge (Pt. 2/6)
- **8:00pm** Jackie Robinson (Pt. 1/2)
- **10:00pm** Jackie Robinson (Pt. 2/2)
- **12:00am** Amanpour and Company

**Friday, August 27**

- **5:00am** Rick Steves: Europe Awaits
- **7:00am** The National Parks: America’s Best Idea: The Last Refuge (Pt. 2/6)

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This lifestyle documentary and culinary series follows the life of Charleston, S.C. entrepreneur Carrie Morey. Each half hour episode focuses on Carrie as she balances being a wife, mom, and business owner.
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<thead>
<tr>
<th>Time</th>
<th>Program</th>
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<tbody>
<tr>
<td>9:30am</td>
<td>This Old House</td>
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<td>10:00am</td>
<td>Steven Raichlen’s Project Fire</td>
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<td>Simply Ming</td>
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<td>11:00am</td>
<td>Finding Your Roots: Science Pioneers</td>
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<td>11:30am</td>
<td>Picnic at Hanging Rock</td>
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<td>12:00pm</td>
<td>Secrets of Althorp: The Spencers</td>
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<td>Keeping Up Appearances</td>
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<td>9:00am</td>
<td>New Tricks: Queen and Country (S9, Pt. 3/8)</td>
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<td>9:30am</td>
<td>Death in Paradise (S10, Ep. 5/8)</td>
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<td>10:00am</td>
<td>Unforgotten on Masterpiece (S4, Ep. 6/6)</td>
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<tr>
<td>11:00am</td>
<td>Amanpour and Company</td>
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<td>12:00pm</td>
<td>Growing A Greener World</td>
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<td>Washington Grown</td>
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<td>2:00pm</td>
<td>Garden Smart</td>
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<td>P. Allen Smith’s Garden Home</td>
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<td>Make it Artsy</td>
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<td>5:00pm</td>
<td>Knit and Crochet Now!</td>
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<td>6:00pm</td>
<td>It’s Sew Easy</td>
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**SATURDAY**

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<td>Fit 2 Stitch</td>
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<td>10:00am</td>
<td>Best of Sewing with Nancy</td>
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<td>10:30am</td>
<td>Quilting Arts</td>
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<td>11:00am</td>
<td>Fresh Quilting</td>
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<td>11:30am</td>
<td>Fons &amp; Porter’s Love of Quilting</td>
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<td>12:00pm</td>
<td>Quilt in A Day</td>
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<td>12:30pm</td>
<td>Motorweek</td>
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<td>1:00pm</td>
<td>Rick Steves Europe</td>
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<td>1:30pm</td>
<td>American Woodshop</td>
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<td>2:00pm</td>
<td>Ask This Old House</td>
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**AUGUST HIGHLIGHTS**

**Journeys in Japan** takes you beyond the city of Tokyo to learn more about this summer’s Olympic Games host country. Explore a different side of Japan and discover traditions and cultures not usually found in guidebooks.

### 29 SUNDAY

- **6:00am** Ask this Old House
- **6:30am** This Old House
- **7:00am** Paint This With Jerry
- **7:30am** The Best of Joy Of Painting
- **8:00am** Outside Beyond the Lens
- **8:30am** Outside Beyond the Lens
- **9:00am** 3 Steps to Pain-Free Living
- **11:00am** The Brain Revolution
- **1:00pm** Easy Yoga for Arthritis with Peggy Cappy
- **2:00pm** Ken Burns: The National Parks
- **4:00pm** Ken Burns: The Civil War
- **6:00pm** Ken Burns: Baseball
- **7:30pm** Best of Celtic Woman
- **9:00pm** Ken Burns: The National Parks
- **11:00am** Ken Burns: The Civil War

### 30 MONDAY

- **6:00am** Rick Steves: Heart of Italy
- **7:00am** Country Music: Are You Sure Hank Done It This Way? (Pt. 7/8)
- **9:30am** Lidia’s Kitchen
- **10:00am** America’s Test Kitchen
- **10:30am** Cook’s Country
- **11:00am – 6:00pm** KBTC KIDS
  - **6:00pm** Call the Midwife (S8, Ep. 3/8)
  - **7:00pm** Call the Midwife (S8, Ep. 4/8)
  - **8:00pm** Death in Paradise (S10, Ep. 6/8)
  - **9:00pm** Van Der Valk on Masterpiece: Only in Amsterdam (Pt. 2/3)
  - **11:00pm** The Miniaturist on Masterpiece (Pt. 2/3)
- **12:00am** Amanpour and Company

### 31 TUESDAY

- **6:00am** Northwest Now
- **6:30am** Asia Insight
- **7:00am** Call the Midwife (S8, Ep. 3/8)
Hosted by renowned paleontologist Kirk Johnson, this spectacular road trip through a tumultuous deep past explores three fundamental questions: How was the continent built? How did life evolve here? And how has the continent shaped us? Making North America reveals the incredible story of a majestic continent.

TUESDAY CONTINUED

8:00am Call the Midwife (S8, Ep. 4/8)
9:00am Sit And Be Fit
9:30am Creative Living
10:00am Pati’s Mexican Table
10:30am How She Rolls

11:00am – 6:00pm KBTC KIDS

6:00pm Nature: Okavango: River of Dreams - Paradise (Pt. 1/2)
7:00pm Nature: Okavango: River of Dreams - Limbo (Pt. 2/2)
8:00pm NOVA: Making of North America: Origins (Pt. 1/3)
9:00pm NOVA: Making of North America: Life (Pt. 2/3)
10:00pm NOVA: Making of North America: Human (Pt. 3/3)
11:00pm Independent Lens: The Hottest August
12:00am Amanpour and Company

Join anchor Judy Woodruff for an objective look at the day’s events. Available to KBTC members exclusively on Passport.
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Jackie Robinson | 8pm Thursday August 26

Ken Burns reveals the life and times, on and off the field, of Jackie Robinson, who in 1947 lifted a nation and an entire race on his shoulders when he crossed professional baseball's color line.