Quote

“I absolutely love pbs! Thank you for being my calming force in an otherwise stressful world.”

– Kaylen

Resilience and Mental Health Programs Continue

It’s been almost two and a half years since we first embarked on our journey to help educate viewers on mental health issues and how to be more resilient. We see it as our job to help Idahoans live a better life.

Our first program was a panel discussion that focused on identifying and discussing complex problems caused by trauma and stress encountered in childhood and how this impacts us as we age. We then received a grant to produce an hourlong documentary on Adverse Childhood Experiences (ACEs). We also explored a possible antidote: resilience. The IdahoPTV education team used this documentary to produce a webinar series for teachers. Being a trauma-informed teacher or practitioner is critical because Idaho has the fifth-highest rate in the nation for children who have experienced three or more ACEs.

Now, through a grant from the Centers for Disease Control and Prevention through the Idaho Resilience Project, we are again producing content that will help all Idahoans with issues relating to behavioral health and resilience. Raising Resilient Kids: Mental Health Matters will focus on how to talk with kids about mental health.

This is an issue that many in the education community are seeing as critical to the success of our students. You’ll see short segments on our air and on social media throughout June. A full hourlong panel discussion will be broadcast Tuesday, June 28, at 8 p.m.

We’ll also be updating our Resilience: Hope Lives Here website: idahoptv.org/resilience. There you’ll find new resources for parents focused on how to talk to your kids about their mental health. It’s an important topic, one that we are honored to be associated with.

In the Community

Education Outreach Events

On Friday, June 3, IdahoPTV will participate in the Meridian Library District Summer Reading Kickoff Party from 4:30 - 7:30 p.m. at Settlers Park, 3245 N. Meridian Road. There will be more than 30 activity booths at this public event. IdahoPTV’s education staff will be presenting a hands-on activity.
On Saturday, June 4, IdahoPTV will participate in the Summer Reading Kick-Off at the Nampa Public Library (215 12th Ave S) from 10 a.m. – 1 p.m. This is a free family event to kick off the “Oceans of Possibilities” Summer Reading program. There will be various crafts at this event. IdahoPTV’s education staff will be presenting a hands-on activity.

Libraries and STEM

Trisha Mick, Idaho Public Television’s Community Education Specialist, spent the last month on the road leading STEM activities with kids and sharing a wealth of STEM and literacy resources with librarians; she interacted with more than 1,200 kids and adults in 22 communities in southwest, central and north Idaho.

For National Library Week, Mick hosted storytime and STEM activities at Priest Lake, Post Falls, Hayden, Pinehurst and Coeur d’Alene. She met with librarians in Priest River, Spirit Lake, Kellogg, Osburn, Wallace, Rathdrum, St. Maries, Fernwood and Moscow.

She also shared IdahoPTV and PBS KIDS resources or STEM activities at a virtual storytime with Moscow Public Library; Pepper Ridge Elementary STEM Night; IDAEYC’s Day of the Young Child event; and PBS KIDS Scratch Jr. with Caldwell’s 21 Century Learning Classrooms.

And if that weren’t enough, she attended Idaho STEM Ecosystem’s spring convention in Lewiston, where more than 50 other STEM enthusiasts across Idaho gathered to learn more about what our partners are doing to move the needle forward on STEM education in our state.

Interested in STEM and early literacy resources from IdahoPTV and PBS KIDS? Contact Trisha Mick at trisha.mick@idahoptv.org.

Our IdahoPTV Productions

“Wildflowers”

—Airs Thursday, June 16, at 8 p.m. and Sunday, June 19, at 7 p.m.

Come spring, there are three things one can expect — rain, wind and wildflowers. While rain and wind have their purpose, it’s wildflowers that capture the hearts of those willing to look down and around. Outdoor Idaho enters the world of wildflowers to tell the stories of the colorful flora that crisscross our state. We’ll admire Idaho’s wildflowers through the eyes of botanists, photographers, herbalists, farmers and hobbyists. We’ll get to the root of the science, the beauty, the ecosystem, the history and the culture of wildflowers.
“This show is about taking notice of the natural world. It’s about pausing to look around and appreciate the small things,” says producer Lauren Melink. “And wildflowers are a perfect way to explore the outdoors.” Wildflower enthusiast and Outdoor Idaho videographer Jay Krajic is thrilled to work on a show about wildflowers. “It’s about time!” he says.

Along with an education in uncultivated plant life, viewers can expect to see an enchanting array of unique and dazzling wildflowers from across Idaho.

Raising Resilient Kids
—Airs Tuesday, June 28, at 8 p.m.

“Are you OK? Why are you so sad? Can we talk?”

As parents, these are the moments that can break our hearts, when we see our children hurting. Learning to have difficult discussions with your children about their mental health can be tough, but it’s an important subject that can truly save a life.

Raising Resilient Kids: Mental Health Matters (Tuesday, June 28, at 8 PM) is a powerful hourlong special featuring some of Idaho’s top mental health experts. They will share their ideas on how to talk with kids about mental health, so parents and caregivers can be more effective in these critical conversations.

Learn what to do when your child is not OK, when to seek professional help, and how to help your kids be more resilient and hopeful, even when dealing with anxiety and stress.

The panel discussion will be facilitated by producer Nicole Sanchez. “We know there are young people in our communities who are really struggling. We hope to normalize these discussions and empower parents to help their children be more resilient and hopeful,” Sanchez says.

Short segments will begin airing and appearing in social media in June to assist with efforts by parents to help their kids.

“Climate”

Earth has a number of different types of climates and they impact the people, animals and plants in their zones. Discover the difference between climate and weather, how greenhouse gases cause climate change, and more in this month’s videos from Science Trek.


The Science Trek website has facts, games, links and lesson plans correlated to Idaho and national science standards.
Awards

We are pleased to announce recent awards presented to IdahoPTV from The Telly Awards, Worldfest, Idaho Press Club, and Edward R Murrow Awards.

**The Telly Awards**

- **History**
  - GOLD - Idaho Experience “The Last Log Drive”
- **Online-Education and Discovery Series**
  - GOLD - Science Trek “Animal Adaptation”
- **TV-History**
  - SILVER - Idaho Experience “Idaho’s Hemmingway”
- **TV Sports**
  - SILVER - Outdoor Idaho “Idaho’s 12ers”
- **TV-Public Interest/Awareness**
  - SILVER - Resilience: Hope Lives Here
- **TV Show-History**
  - BRONZE Idaho Experience “Nothing But The Truth”
- **TV Cultural**
  - BRONZE Outdoor Idaho “Barns of Idaho”
- **TV Shows Nature/Wildlife**
  - BRONZE Outdoor Idaho “Salmon Reckoning”

Worldfest Houston is the country’s largest film festival, and Idaho Public Television is one of the most honored organizations.

- **Biographical**
  - PLATINUM - Idaho Experience “Idaho’s Hemmingway”
- **Ecology/Environment/Conservation**
  - PLATINUM - Outdoor Idaho “Salmon Reckoning”
- **Health & Wellness**
  - PLATINUM - Resilient Idaho: Hope Lives Here
- **History & Archaeology**
  - PLATINUM - Idaho Experience “The Last Log Drive”
- **Interactive/Educational/Children**
  - PLATINUM - Science Trek 360 “Geocaching”
- **Leisure & Recreation**
  - GOLD - Outdoor Idaho “Idaho’s 12ers”
- **Legal**
  - GOLD - Idaho Experience “Nothing But the Truth”
- **Travel/Tourism**
  - GOLD - Outdoor Idaho “Off the Beaten Path”
- **Educational Instructional – Children**
  - SILVER - Science Trek “Is It Crawfish or Crawdad?”
- **Interviews**
  - BRONZE - Idaho Reports “A Conversation With Governor Little”
OUTDOOR / ENVIRONMENT REPORT - TV, Division A
1st Place - Lauren Melink, Jay Krajic, Kris Millgate, Bruce Reichert, Marcia Franklin – Outdoor Idaho “Off the Beaten Path”

ARTS / ENTERTAINMENT REPORT - TV
1st Place - Bill Manny, Eric Westrom, Jay Krajic, Lauren Melink, Dexter Sear - Idaho Experience “Idaho’s Hemingway”

HEALTH / MEDICAL REPORT - TV, Division A
2nd Place - Ruth Brown, Morgan McCollum - Idaho Reports “Access to Youth Mental Health Care”

CRIME / COURT REPORT - TV, Division A
1st Place - Bill Manny, Troy Shreve, Ruth Brown - Idaho Experience “Nothing But the Truth”

PUBLIC AFFAIRS PROGRAM - TV - STUDIO
2nd Place - Marcia Franklin, Logan Finney, Troy Shreve, Morgan McCollum, Andy Lawless, Hank Nystrom - Dialogue “Historian Tom Ikeda”

PUBLIC AFFAIRS PROGRAM - TV - FIELD
1st Place - Bruce Reichert, Pat Metzler, Forrest Burger, Aaron Kunz, Jay Krajic, Hank Nystrom - Outdoor Idaho “Salmon Reckoning”

DOCUMENTARY - TV
1st Place - Marcia Franklin, Andy Lawless - Idaho Experience “Caxton: An American Press”
3rd Place - Nicole Sanchez, Pat Metzler, Hank Nystrom - Resilience: Hope Lives Here

TELEVISION WRITING - TV - SINGLE STORY
1st Place - Melissa Davlin - “A Statewide Disaster”

TELEVISION WRITING - TV - PROGRAM LENGTH
1st Place - Joan Cartan-Hansen - Science Trek
2nd Place - Forrest Burger Outdoor Idaho “Barns of Idaho”
3rd Place - Lauren Melink Outdoor Idaho “Off the Beaten Path”

VIDEOGRAPHY - TV - PROGRAM LENGTH
2nd Place - Andy Lawless Idaho Experience “Caxton: An American Press”
3rd Place - Outdoor Idaho staff - Outdoor Idaho “Salmon Reckoning”

BEST TV GRAPHICS
1st Place - Cassandra Groll - Science Trek “Skin”

BEST ONLINE-ONLY VIDEO PROGRAM - GENERAL
3rd Place - Joan Cartan-Hansen, Al Hagenlock, Cassandra Groll, Troy Shreve, Jenessa Carson - Science Trek “Animal Adaptation: Crawfish or Crawdad?”
BEST USE OF SOCIAL MEDIA
1st Place - Bruce Reichert, Lauren Melink, Emily Brunell, Cassandra Groll, Forrest Burger, Bill Manny - Outdoor Idaho

WEBSITE - GENERAL EXCELLENCE - TV
2nd Place - Stephanie Dickey, Robin Barclay - idahoptv.org

WEBSITE - SPECIAL PURPOSE - TV
1st Place - Stephanie Dickey, Robin Barclay, Joan Cartan-Hansen, Janna DeLange, Krystal Goodman - Science Trek

POLITICAL REPORT - WEEKLY PRINT
3rd Place - Logan Finney - Idaho Reports Blog - “Idaho Reports: Senate Moved Methodically On COVID Legislation”

PANDEMIC REPORT - WEEKLY PRINT
1st Place - Melissa Davlin - Idaho Reports Blog - “Nampa toddler recovering after COVID nearly causes liver failure”
3rd Place - Melissa Davlin - Idaho Reports Blog - “Families struggle to find local care as Idaho hospitals hit crisis”

PERIODICAL COVER
2nd Place - Jim Hadley - Channels “Salmon Reckoning”

DOCUMENTARY
Nicole Sanchez, Pat Metzler, and Hank Nystrom - Resilience: Hope Lives Here.

This documentary will go on to compete nationally.