

Apple Salad



Ingredients: Salad

1 bunch leaf lettuce
Swiss cheese cubes
3-4 apples* cubed
1 cup cashews
1 cup raisins

Ingredients: Dressing

1/3 cup vinegar
1 cup oil
1 teaspoon salt
3/4 cup sugar
1/2 teaspoon poppy seeds
1 teaspoon dry mustard

*We suggest an apple that is nice and crunchy and won't brown too quickly after being cut such as a Honeycrisp, Fuji, Pink Lady, Piñata®, Jazz, Envy or Empire.

Directions: Salad

Mix salad together in large bowl.

Directions: Dressing

Mix all ingredients together and pour over salad. You also can use a pre-made sweet and sour or poppy seed dressing. One suggestion is the sweet and sour dressing from Das Dutchman Essenhaus® which can be purchased online at www.Essenhaus.com.

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