

Happy Healthy Me!

Summer is here and let's make it a healthy one!

Get ready for a new school year by getting ready for a healthy summer. Come have fun with your whole family and learn lots of ways to keep your mind and body healthy this summer.



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Games, physical activities, and food tastings! And don't miss hanging out with Sid the Science Kid.

**Thursday, June 18th from 5-7pm
at Giffen Elementary School Gymnasium**

Open to expecting parents and parents with children up to age 5 & their families—all activities will be kid-friendly!

